

Eli Tsukayama, M.A.

Curriculum Vitae

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University of Pennsylvania • 3701 Market St., Suite 219 • Philadelphia, PA 19104

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Education

University of Pennsylvania, Philadelphia, PA

Sept 2007 – Present

- Master of Arts in Psychology (2008)
- Cumulative GPA: 3.88

University of Hawaii, Honolulu, HI

Aug 2004 – May 2007

- Bachelor of Arts in Psychology with Highest Honors (2007)
- Cumulative GPA: 4.0

University of Hawaii – Leeward Community College, Pearl City, HI

July 2002 – Dec 2004

- Associate of Arts in Liberal Arts with Honors (2004)
- Cumulative GPA: 4.0

Professional Experience

Psychology Department at the University of Pennsylvania, Philadelphia, PA

Guest Lecturer

Mar. 2008 – Present

- Guest lecture on virtuous cycles in Positive Psychology Interventions (Spring '10)
 - Instructor: Acacia Parks
- Guest lecture on virtuous cycles in Positive Psychology Interventions (Spring '10)
 - Instructor: Stephen Schueller

Statistics Consultant

July 2009

- Led a three-week (four hours per week) workshop on hierarchical linear modeling (HLM) for the graduate students in the department (Summer '09)

Teaching Assistant

Sept 2008 – May 2009

- Positive Psychology (Spring '09)
 - Professor: Angela Duckworth
- Introductory Psychology (Fall '08)
 - Professor: Paul Rozin

Psychology Department at the University of Hawaii at Manoa, Honolulu, HI

Supervisor for Introductory Psychology Courses

Jan 2007 – May 2007

- Supervised seven Introductory Psychology instructors in Spring '07

Introductory Psychology Instructor

Aug 2006 – May 2007

- Taught one Introductory Psychology course in Spring '07
- Taught two Introductory Psychology courses in Fall '06

Learning Assistance Center at the University of Hawaii at Manoa, Honolulu, HI

Volunteer Tutor

July 2005 – May 2007

- Introductory Psychology
- Introduction to Statistics for the Social Sciences
- Introduction to Research Methods in Psychology

College of Business Netlab at the University of Hawaii at Manoa, Honolulu, HI

Computer Lab Monitor

Dec 2004 – May 2007

- Computer repair, upgrades, and support
- Network support

PDCSystems, Honolulu, HI

Computer Technician

Dec 2000 – Jan 2006

- Computer manufacturing, repair, upgrades, and support
- Network installations and support

Leeward Community College, Pearl City, HI

Teaching Assistant

Oct 2003 – Aug 2004

- Introduction to Psychology

Learning Resource Center at Leeward Community College, Pearl City, HI

Volunteer Tutor

May 2004 – Aug 2004

- Human Biology
- Science of Nutrition
- Introduction to Deductive Logic
- Introduction to Psychology
- Introduction to Physical Science
- Introduction to Sociology

Peer-Reviewed Publications

Duckworth, A.L., **Tsukayama, E.** & Geier, A.B. (2010). Self-controlled children stay leaner in the transition to adolescence. *Appetite*, 54, 304-308.

Tsukayama, E., & Duckworth, A. L. (2010) Domain-specific temporal discounting and temptation. *Judgment and Decision Making*, 5, 72-82.

Tsukayama, E., Toomey, S. L., Faith, M., & Duckworth, A. L. (2010). Self-control protects against overweight status in the transition from childhood to adolescence. *Archives of Pediatrics & Adolescent Medicine*, 164, 631-635.

Duckworth, A.L., **Tsukayama, E.** & May, H. (in press). Establishing causality using longitudinal hierarchical linear modeling: An illustration predicting achievement from self-control. *Social Psychology and Personality Science*.

Manuscripts under Submission or in Preparation

Manuscripts submitted for publication

Duckworth, A. L., **Tsukayama, E.**, & Kim, B. E. Development and validation of a domain-specific impulsivity scale for children. *Manuscript submitted for publication*.

Kross, E., Duckworth, A. L., Ayduk, O., **Tsukayama, E.**, & Mischel, W. Facilitating adaptive self-reflection among adolescents: Implications of self-distancing for affect, cognition, and interpersonal behavior. *Manuscript submitted for publication*.

Tsukayama, E., Duckworth, A. L., & Kim, B. E. Resisting everything but temptation: Domain-specific and domain-general aspects of impulsivity. *Manuscript submitted for publication*.

Manuscripts in preparation

Duckworth, A.L., Kim, B.E., & **Tsukayama, E.** Negative life events impair self-control in adolescents. *Manuscript in preparation*.

Tsukayama, E., & Duckworth, A. L. Gender differences in domain-specific impulsivity. *Manuscript in preparation*.

Duckworth, A. L., Kirby, T. A., Berstein, H., Ericsson, K. A., & **Tsukayama, E.** Deliberate practice spells success: Why grittier competitors triumph at the National Spelling Bee. *Manuscript in preparation*.

Presentations

Tsukayama, E., Duckworth, A. L., and Kim, B. E. (2010, July). Domain-Specific Impulsivity in Children and Adolescents. Invited speaker for the International Symposium on Skill Formation in Childhood and Adolescence: Economic and Behavioral Perspectives, Freiburg, Germany.

Tsukayama, E., Duckworth, A. L., and Kim, B. E. (2010, June). Domain-Specific Impulsivity in Middle School Children. Poster presentation at the Institute of Education Sciences (IES) Research Conference, National Harbor, MD.

Tsukayama, E., & Duckworth, A. L. (2010, May). Gender Differences in Domain-Specific Impulsive Behavior. Poster presentation at the Association for Psychological Science (APS) Annual Convention, Boston, MA.

Duckworth, A. L., & **Tsukayama, E.** (2009, April). Beyond prediction: Establishing the causal role of self-control in academic achievement. Symposium conducted at the Society for Research in Child Development (SRCD) Biennial Meeting, Denver, CO.

Awards and Recognitions

Institute of Education Sciences (IES) Predoctoral Training Fellowship	2009 -
\$40,500/year fellowship awarded to select Ph.D. students committed to field-based research in education	Present

Institute of Education Sciences (IES) and the Institute for Policy Research (IPR) at Northwestern University Training Grant	2010
Sponsored attendee of a workshop on Quasi-Experimental Design and Analysis in Education at Northwestern University	

National Center for Education Statistics (NCES) Training Grant	2010
Sponsored attendee of the NCES database training seminar on the Early Childhood Longitudinal Study, Kindergarten Cohort (ECLS-K)	

University of Pennsylvania Graduate School of Arts and Sciences Travel Grant	2010
\$300 travel grant to present “Gender Differences in Domain-Specific Impulsive Behavior” at the Association for Psychological Science Convention in Boston, Massachusetts.	

Inter-University Consortium for Political and Social Research (ICPSR) Travel Grant	2009
\$1000 travel grant to attend a database training workshop on the National Institute of Child Health and Human Development Study of Early Child Care and Youth Development (NICHD-SECCYD) at the University of Michigan	

University of Pennsylvania Graduate School of Arts and Sciences Travel Grant	2009
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\$300 travel grant to present “Beyond prediction: Establishing the causal role of self-control in academic achievement” at the Society for Research in Child Development Biennial Meeting in Denver, Colorado.

Phi Beta Kappa	2007
Invitations to join the Alpha of Hawaii chapter are offered to less than 5% of graduating seniors based on GPA, evidence of intellectual diversity, and other criteria.	
University of Hawaii Student Marshal for the College of Social Sciences	2007
Awarded on the basis of scholarship, leadership, and service by the deans of each school and college. Student Marshals lead their graduating class in the commencement ceremonies.	
University of Hawaii Undergraduate Leadership Distinction Award	2007
Awarded to students who demonstrate exemplary service to their fellow students and the campus community	
University of Hawaii Undergraduate Research Symposium Honorable Mention Poster	2007
University of Hawaii Undergraduate Research Symposium Honorable Mention Presentation	2007
Associated Students of the University of Hawaii Research Grant	2007
\$750 grant to conduct Honors project titled “Academic Achievement and Non-Intellectual Variables: Self-efficacy, Self-Discipline, Grit, Time Perspective, and Time Invested in School”	
Hawaii Veterans Memorial Scholarship (\$1000)	2007
Finalist for Rhodes Scholarship	2006
University of Hawaii Nominee for Rhodes Scholarship	2006
Finalist for Harry S. Truman Scholarship	2006
University of Hawaii Nominee for Harry S. Truman Scholarship	2006
Federal Asian Pacific American Council (FAPAC) Scholarship (\$1000)	2006
Golden Key 2005-2006 New Inductee Senior Scholarship (\$250)	2006
University of Hawaii Peer Model for Honors Research	2006
Mortar Board National College Senior Honor Society	2006
Members are selected on the basis of scholarship, leadership, and service	
Golden Key International Honor Society	2005
Invitations to join are offered to the top 15% (based on GPA) of college juniors, seniors, and graduate students	
Psi Chi – The National Honor Society in Psychology	2005
University of Hawaii Albert J. Simone Scholar	2004
Top-ranked student among the Presidential Scholars	
University of Hawaii Presidential Scholar	2004

Full scholarship awarded on the basis of academic achievement, creative endeavor, leadership, and service

Valedictorian of University of Hawai‘i – Leeward Community College Class of 2004 2004

American Psychological Association Diversity Project 2000 and Beyond Participant 2004

Week-long leadership and mentoring program designed for ethnic minority honor students. All selected participants receive a travel grant and complimentary APA membership and convention registration.

Pacific Asian Scholarship (\$1000) 2003

HiTech Quest Hall of Fame 2003

Awarded to past participants of HiTech Quest who have gone on to contribute to the information technology industry in Hawaii

HiTech Quest Scholarship (\$1500) 2001

Awarded to outstanding high school seniors who have contributed to the information technology industry in Hawaii

Professional Affiliations, Service, and Certifications

Affiliations

- American Psychological Association Member
- Association for Psychological Science Member

Service

- Ad-Hoc Reviewer for Judgment and Decision Making

Certifications

- Microsoft Certified Systems Engineer
- Microsoft Certified Professional
- Network+ Certification
- A+ Certification

Leadership Experience

University of Hawaii at Manoa, Honolulu, HI

Regents and Presidential Scholars

- President (2006)
- Vice-President (2005)

Peer Mentor Ohana

- Student Advisor (Fall 2006 – Spring 2007)

- President (Fall 2005 – Spring 2006)

Leeward Community College, Pearl City, Hawaii

Associated Students of the University of Hawaii - Leeward Community College (ASUH-LCC)

- Senator (2004)
 - Chair of Education Committee
 - Chair of Student Rights and Welfare Committee
 - Co-chair of the Constitution and Operating Rules Committee
 - Representative to the University of Hawaii Student Caucus
 - Student representative to the Faculty Senate
 - Student representative on the Institutional Integrity Committee
 - Student representative on the Committee for Learning Resources and Information Technology

Phi Theta Kappa International Honor Society

- Vice-President of Scholarship (Spring 2004)

Home School Organization (HSO)

- President (2003)

Other Notable Activities

College Bowl

- Represented the University of Hawaii at the Regional Championship Tournament in Fresno, CA. (Spring 2007)
- First place in the University of Hawaii at Manoa Campus Tournament (Fall 2006)
- Second place in the University of Hawaii at Manoa Campus Tournament (Fall 2005)
- College Bowl (the “The Varsity Sport of the Mind”) is a multi-tiered collegiate trivia tournament. The winners of each college’s Campus Tournament go on to represent their school in the Regional Championship Tournament, and the Regional Champions go on to the National Championships.

HiTech Quest

- Advisor and Judge for the 2005 HiTech Quest competition (2004-2005)
- HiTech Quest is a non-profit organization created to nurture Hawai‘i youth with information technology skills. Its board of directors includes members from the Department of Education, University of Hawai‘i, and State Senate.

Radio Talk Shows

- Invited guest on Peter Kay’s Your Computer Hour to discuss the future of Hawaii’s information technology industry (November 2003)
- Invited guest on Alan Lam’s Hello HiTech to discuss the future of Hawaii’s information technology industry (September 2001)